



Bandiera Inglese Bordo Bianco  
9x6 - 12x8 - 15x10 - 18x20

# ACTIVITY WINTER PROGRAM

**23 december >22 march**

## **HOW TO BOOK THE ACTIVITIES**

Reservations required at the hotel reception before 10.p.m

## **HOW TO DRESS AND WHAT BRING**

Trekking boots, a backpack with water or thermos with hot beverage, a snack, gloves and cap, sun glasses and a spare t-shirt

## **GUARANTEED ACTIVITIES IN THE EVENT OF LACK OF SNOW OR BAD WEATHER**

The excursion will be made like normal trekking excursion with the same meeting point and time.

## **MONDAY**

ANDALO h10.00/12.00 Ciaspole nel bosco

Theme: flora and fauna in the Adamello Brenta Natural Park

Start to explore the territory and the Dolomiti through the footpaths with our alpine guide.

**Meeting:** Andalo sport center , guide house , gym

**Cost:** €7,00 snowshoes rental

ANDALO h14.00/16.00 Nordick skiing

Theme: try cross country ski with our instructor along the panoramic track

**Meeting:** Andalo sport center

**Cost:** €15 equipment and instructor rental

**Note:** its possible to extend the course for all the week

## TUESDAY

ANDALO h14.00/16.00 Nordick skiing from Tuesday to Friday

Weekly nordick skiing course with our ski instructor

Learn and elaborate on the nordick skiing technique with the supervision of our instructor along the panoramic track

**Meeting:** Andalo sport center

**Cost:** €120 equipment and instructor rental

ANDALO h15,45/19,45 Aperitif and sunset excursion with snowshoes

Theme: flora and fauna in the Adamello Brenta Natural Park

Excursion at high altitude with a stop in a chalet and bonfire

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3a

**Cost:** 7€ snowshoes rental

**Note:** flashlight or torch

ANDALO h15,00/16,30 Ho perso la bussola( I lost the compass) from 7 January

Theme: orientation with nature

Natural orientation methods watching trees in the wood. A funny activities for the kids.

**Meeting:** Nordick skiing center

**Cost:** €5 rental equipment

## WEDNESDAY

ANDALO h 9,30/12.30 ski mountaineering

Discover the Backcountry, ascent and descent in off-track

Ski mountaineering is go back with special attacks to gain the descent.

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3°

**Cost:** €25 equipment rental- ski lift excluded

ANDALO h14/16,30 Ciaspolata in quota (high level excursion with snowshoes)

Theme: snowflakes history

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3°

**Cost:** €7 snowshoes rental- ski lift excluded

ANDALO h15/16,30 Caccia alla traccia (hunting the trail) from 7 January

Theme: on the track of the animals in the Adamello Brenta Natural Park

Discovering traces of the animals that inhabit the wood. A fun and educational activities for the little one.

**Meeting:** nordick skiing center, football field

**Cost:** €5 rental equipment

## THURSDAY

ANDALO h9.30/16 Excursion with snowshoes at Montanara chalet

Theme:Dolomiti geology

All day excursion at La Montanara chalet where there is the possibility to have dinner in a very comfortable chalet.

**Meeting:** Andalo sport center

**Cost:** €7 snowshoes rental

[ANDALO h15/16.30 Frozen the snowflakes history \(from 7 January\)](#)

[Theme: snowflakes and his secrets](#)

All the snowflakes magic. Snowflakes and his history from when it detaches from the cloud to when it ends in the sea.

**Meeting:** Dosson, intermediate station of the cable car

**Cost:** €5 equipment rental

## FRIDAY

[ANDALO h15,45/23 gourmet dinner at sunset with snowshoes at Meritz chalet](#)

An exciting excursion at twilight walking in the woods. After dinner descent with Fai della Paganella system and return by private bus.

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3°

**Cost:** €38 **The proposal includes:** transport, gourmet dinner

**Does't includes:** plant ascent Andalo/Dosson

**Note:** flashlight or torch

## SATURDAY

[ANDALO h09,30/13,00 Ciaspolata in quota \(excursion at high level with snowshoes\)](#)

[Theme: snowflakes history](#)

Walk in the tranquility of nature

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3°

**Cost:** €7 snowshoes rental

[MOLVENO h15/18.30 Aperi trekking](#)

[Theme: water, source of energy and the history of Molveno's lake](#)

Excursion to admires Molveno's lake with a stop in chalet

**Meeting:** Molveno/Pradel ski lift

**Cost:** €7 snowshoes rental

ANDALO h 17/18.30 Tell me a story (from 7 January)

Theme: Stories and legends for the little one

**Meeting:** nordick skiing center, football field

**Cost:** €5 equipment rental

## SUNDAY

ANDALO h9,00/15 All day excursion with snowshoes at the top of Paganella 2125m

Theme: flora and fauna in the Adamello Brenta Natural Park

Excursion at high level to reach a panoramic trail.

**Meeting:** Activity office/ ski school Dolomiti di Brenta, via Paganella 3°

**Cost:** €7 snowshoes rental